



August 2026

Cascade Middle School

MENU

Daily Offering:
 PBJ Sandwich,
 Chicken Patty
 Sandwich, Spicy
 Chicken Patty
 Sandwich,
 Cheeseburger, Deli
 Sub Sandwich,
 Fresh Salads,
 Homemade
 Pepperoni &
 Cheese Pizza

**All Lunches
 Must Include
 Choice of:
 Fruits and/or
 Vegetable
 And May
 Include:
 1% Low-Fat
 Milk**

MON	TUES	WED	THURS	FRI
BRK: EGG & CHEESE CROISSANT, CHOCOLATE MUFFIN ³ LUNCH: CHICKEN QUESADILLA Kickn Pinto Beans, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	BRK: BACON, EGG & CHEESE BREAKFAST BURRITO, FRENCH TOAST STICKS LUNCH: BBQ PORK RIBLET SANDWICH Green Beans, Grape Tomatoes, Fresh Orange, Pears, Apple Juice	BRK: SAUSAGE & CHEESE ENGLISH MUFFIN, MINI CINNI ⁵ LUNCH: MINI PANCAKES WITH CHEESE OMELET Tater tots, Fresh Broccoli, Warm Cinnamon Peaches, Fresh Apple Wedges, Orange Juice	BRK: SAUSAGE BREAKFAST PIZZA, CHOCOLATE CRESCENT ⁶ LUNCH: CORN DOG Golden Corn, Celery Sticks, Applesauce, Craisins, Grape Juice	BRK: SAUSAGE PANCAKE WRAP, CINN BREAKFAST BUN ⁷ LUNCH: BUFFALO POPCORN CHICKEN MAC & CHEESE Steamed Broccoli, Romaine Salad, Fresh Banana, Strawberries, Fruit Juice
BRK: SAUSAGE & CHEESE BISCUIT, VANILLA CONFETTI SNACKN WAFFLES ¹⁰ LUNCH: GRILLED CHEESE SANDWICH Tomato Soup, Fresh Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	BRK: BOSCO STICK, ORANGE GLAZED CINNAMON ROLL ¹¹ LUNCH: CHICKEN RANCH CLUB FLATBREAD Baked Beans, Cucumber Slices, Fresh Orange, Pears, Apple Juice	BRK: BACON, EGG & CHEESE BISCUIT, MINI PANCAKES ¹² LUNCH: CHEESY LASAGNA ROLL UP & GARLIC KNOT Green Beans, Celery Sticks, Peaches, Fresh Apple Wedges, Grape Juice	BRK: SAUSAGE BREAKFAST PIZZA, MINI CINNI ¹³ LUNCH: WAFFLES & SAUSAGE LINKS Potato Smiles, Fresh Broccoli, Applesauce, Raisins, Orange Juice	BRK: EGG BAGEL, CINNAMON CHIP GLAZED SCON ¹⁴ LUNCH: MEATBALL SUB Romaine Salad, Red Peppers, Strawberries, Fresh Banana, Fruit Juice
BRK: SAUSAGE PANCAKE WRAP, BLUEBERRY MUFFIN ¹⁷ LUNCH: CHILI CHEESE DOG Rainbow Blend Veges, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	BRK: EGG & CHEESE CROISSANT, WAFFLES ¹⁸ LUNCH: CHICKEN TENDERS & RANCH PIZZA SAUCE w/ CHILI CHEESE FLATBREAD Green Beans, Red Peppers, Pears, Fresh Orange, Apple Juice	BRK: COUNTRY CHICKEN BISCUIT, STRAWBERRY APPLE SMOOTHIE ¹⁹ LUNCH: NACHO CHEESE WALKING TACO Refried Beans, Celery Sticks, Peaches, Fresh Apple Wedges, Grape Juice	BRK: SAUSAGE & CHEESE ENGLISH MUFFIN, PUMPKIN SPICE CINN TOAST CRUNCH DONUT ²⁰ LUNCH: BACKYARD BURGER French Fries, Fresh Broccoli, Applesauce, Craisins, Orange Juice	BRK: TURKEY CHORIZO & EGG TACO, MINI MAPLE PANCAKE PUFFS ²¹ LUNCH: BUZZER BEATER BASKET with BREADSTICK Cucumber Slices, Romaine Salad, Fresh Banana, Strawberries, Fruit Juice
BRK: HAM & CHEESE ENGLISH MUFFIN, CINNAMON BREAKFAST BUN ²⁴ LUNCH: PIZZA WAFFALACO Golden Corn, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	BRK: SAUSAGE BREAKFAST PIZZA, BLUEBERRY MUFFIN ²⁵ LUNCH: FRENCH TOAST STICKS W/ SAUSAGE PATTIES Tater Tots, Celery Sticks, Fresh Orange, Pears, Orange Juice	BRK: CHEESY EGG CROISSANT, MINI CINNI ²⁶ LUNCH: CHICKEN ALFREDO WITH PENNE PASTA & GARLIC TOAST Seasoned Green Beans, Romaine Salad, Fresh Apple Wedges, Peaches, Grape Juice	BRK: SAUSAGE PANCAKE WRAP, BANANA MUFFIN ²⁷ LUNCH: TURKEY BARBACOA SOFT TACOS Seasoned Refried Beans, Red Peppers, Applesauce, Craisins, Apple Juice	BRK: BOSCO STICK, CINNAMON CHIP GLAZED SCON ²⁸ LUNCH: TATER TOT BEEF NACHOS Vege Blend Peas & Carrots, Fresh Broccoli, Fresh Banana, Strawberries, Fruit Juice
BRK: SAUSAGE BREAKFAST PIZZA, MINI STRAWBERRY BAGEL ³¹ LUNCH: BOSCO STICKS & PIZZA RANCH SAUCE French Fries, Fresh Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice				

Menus are subject to change.



Deli Subs:
 Monday – Wednesday – Friday :
 Turkey & Cheese Sub

Tuesday & Thursday :
 Ham & Cheese Sub



This institution is an equal opportunity provider.